

Advent 1 – Mary and Joseph

Today is the first Sunday of Advent, the Sunday in which we remember the mother of Jesus – Mary; and his step-father – Joseph.

Mary was a young teenage girl living in a very small village. At first, she was very frightened and full of questions. But she also had courage and faith. She said, “Yes,” to God’s will. And so the life of Jesus began in her.

Joseph was an older man engaged to a much younger woman. When he found out she had become pregnant, he could have become angry and ended their engagement. But he was also gentle and loving. He said, “Yes,” to God’s dream. And so the life of Jesus was sheltered by him.

Today we light this candle to remind us of Mary’s courage, and Joseph’s gentleness.

Light the First Candle



Prayer

**Loving God,
give us the courage of Mary
and the gentleness of Joseph.
Help us to say “Yes” to your presence on earth.
May your life be born in us.
May our homes shelter your love.
We ask this in the name of Jesus.
Amen.**

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